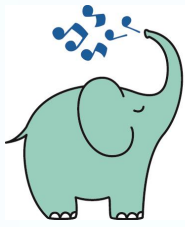




**The power of singing:
how music builds brains**



mainly
music est. 1990





“It’s not rocket science -
BUT IT IS SCIENCE!”



Music positively affects a child's

- pre-language brain
- language development
- post-language brain
- holistic development & health



Music & the pre-language brain

- music begins in utero
“the sound of our mother’s heart beat is our first rhythm”
- helps develop security/bonding
- helps manage emotions



Music & language development

- music helps brain connect
- music develops listening skills
- music encourages speech processing
- music encourages physical movement & coordination



Music & the post-language brain

- literacy & numeracy
- increase self esteem
- helps social development
- helps with second languages



Music & Holistic Health

- **cognitive**

music is a conduit for enhanced brain function

- **physical**

music is a conduit for physical and spatial awareness

- **emotional**

music is a conduit for expression and emotional management

- **social**

music is a conduit for bonding and self esteem



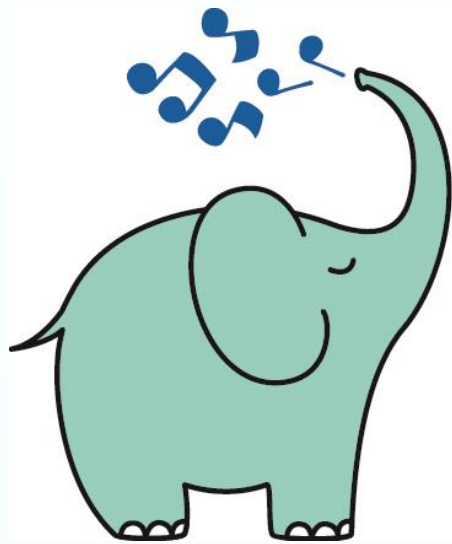
Music & Excluded Communities

- bonding & attachment
- children with additional needs
- cultural significance



Practical Application

- make music routine
- let it get creative
- be musical role models



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IT'S A HAPPY DAY

It's a happy day, let's sing and dance
together

Sing and dance together, 1,2,3

It's a happy day, let's sing and dance
together

Sing and dance with me

Dance, dance up down dance

Dance, dance front back dance

Dance, dance turn around

Dance and dance and stop!

mainly music
Original Songs

Volume 3



IT'S A HAPPY DAY

It's a happy day, let's sing and dance together

Sing and dance together, 1,2,3

It's a happy day, let's sing and dance together

Sing and dance with me

Dance, dance up down dance

Dance, dance front back dance

Dance, dance turn around

Dance and dance and stop!

mainly music
Original Songs

Volume 3

It's a happy day, let's clap hands
together

Clap hands together, 1,2,3

It's a happy day, let's clap hands
together

Clap and dance with me

Clap, clap up down clap

Clap, clap front back clap

Clap, clap turn around

Clap and clap and stop!

mainly music
Original Songs

Volume 3

It's a happy day, let's jump high together
Jump high together, 1,2,3
It's a happy day, let's jump high together
Jump and dance with me

Jump, jump up down jump
Jump, jump front back jump
Jump, jump turn around
Jump and jump and stop!

mainly music
Original Songs

Volume 3

It's a happy day, let's tippy toe together
Tippy toe together, 1,2,3
It's a happy day, let's tippy toe together
Tip and dance with me

Tip toe, up down tip
Tip toe, front back tip
Tip toe, all around
Tippy toe and stop!

mainly music
Original Songs

Volume 3

It's a happy day, let's sing and dance
together

Sing and dance together 1,2,3

It's a happy day let's sing and dance
together

Sing and dance with me

Come on and sing and dance with me

*Written by Mike and Trace Graham.
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mainly music
Original Songs

Volume 3